



Home of the Panthers

HOW TO MAKE SENIOR  
YEAR WORK FOR YOU...

# Demonstrate 21<sup>st</sup> century skills for jobs not yet created.

## Learn to:

- Evaluate, access and manipulate different forms of information
- Exercise **critical thinking**
- Exhibit fluency with **technology**



## Create & Collaborate

- Employ **problem solving skills**
- Demonstrate **cross-cultural awareness**
- **Communicate** complex ideas effectively
- Work successfully as a **team**

# There are plenty of choices at MPHS!

- ▶ What do you want to do with the time that is left?
  - ▶ Earn college credits taking a dual enrollment or AP class?
  - ▶ Participate in a performance?
  - ▶ Travel with a club?
  - ▶ Complete an internship?
  - ▶ Win a league championship? State championship?
  - ▶ Gain new interest by taking on a different elective?

Let's make your senior year the best one yet!

# Co-Curricular Activities

& Academic Teams

∅ Bio, Chem, Math

∅ Physics I & II

& Band & Chorus

& Clubs

∅ Chess, French,  
Spanish, Spectrum,  
Interact

& Drama

& Musical



# Standardized Test Requirements for Graduation

## New Jersey Graduation Proficiency Assessment (NJGPA)

- ⌘ New test for the 2021-2022 school year.
- ⌘ Test will be given in March 2022
- ⌘ All students must take the assessment
- ⌘ Assessed on English and math

# Graduation Requirements For Class of 2023

Students must take the NJGPA, and have an opportunity to pass one from each column

## ELA

- ⌘ NJSLA ELA 9  $\geq 750$
- ⌘ NJSLA ELA 10  $\geq 750$
- ⌘ NJSLA ELA 11  $\geq 725$
- ⌘ SAT  $\geq 22$
- ⌘ ACT  $\geq 16$
- ⌘ PSAT 10  $\geq 22$
- ⌘ Accuplacer  $\geq 6$
- ⌘ ASVAB  $\geq 31$

## Math

- ⌘ NJSLA Algebra I  $\geq 750$
- ⌘ NJSLA Geometry  $\geq 725$
- ⌘ NJSLA Algebra II  $\geq 725$
- ⌘ SAT  $\geq 22$
- ⌘ ACT  $\geq 16$
- ⌘ PSAT 10  $\geq 22$
- ⌘ Accuplacer  $\geq 76$
- ⌘ ASVAB  $\geq 31$

# Option 2

Option 2 is an elective course for senior students who have fulfilled their standardized test graduation requirement:

- Credits for Option II are determined based on the number of hours per week.
  - ∅ Full year courses are 5 credits.
  - ∅ Semester courses are 2.5 credits.

# Option 2

## School to Work:

Students have classes in the morning and then go to their job/internship in the afternoon.

## Sample Senior Schedule:

1. English IV
2. PE/Health 12
3. Elective
4. Elective
5. Elective
6. Lunch
7. College and Career  
Readiness (free period)
8. Option 2



# Option 2

## Career Internship:

Students participate in unpaid, structured learning experience in a career-focused position



# Some internship programs that have been offered in the past:

- ⌘ AP Physics (Virtual Classroom)
- ⌘ Bergen Police and Fire Academy
- ⌘ Career Internship
- ⌘ Cosmetology
- ⌘ Day Care
- ⌘ Fashion Institute of Technology NYC
- ⌘ Valley Hospital
- ⌘ Work Experience
- ⌘ Dual Enrollment BCC – Western Civilization
- ⌘ Teterboro Airport
- ⌘ Internship at Scott Garret's office

# Option 2

## Dual Enrollment:

Students start their college career early spending part of their day at MPHS and then enroll in college courses.

## On-line courses:

Students interested in taking courses not offered at MPHS may pursue a variety of online courses.



# Option 2

## Volunteer Service:

Students have the opportunity to provide service to the community and receive high school credits.



# Option 2

## Application Process:

1. Student needs to pick a category and research an idea.
2. Complete the Option 2 student application
  - Application found on Mrs. Wecht's or Guidance Webpage.
3. Application is reviewed by the Option 2 Committee.

# 17 Advanced Placement (AP) Courses

- ⌘ AP 2D Art Design
- ⌘ AP Drawing
- ⌘ Biology\*
- ⌘ Calculus
- ⌘ Chemistry\*
- ⌘ Computer Programming Applications
- ⌘ Computer Programming Principles
- ⌘ English Language (11)
- ⌘ English Literature (12)
- ⌘ French
- ⌘ Macro Economics\*
- ⌘ Micro Economics\*
- ⌘ Music Theory
- ⌘ Psychology
- ⌘ Spanish
- ⌘ Statistics
- ⌘ U.S. History I & II (AP test given at the end of US Hist. II)
- ⌘ U.S. Government

# Dual-Enrollment

- ⌘ Dual-Enrollment classes are weighted as honors classes on the GPA scale.
- ⌘ Students have the potential to earn college credits.
- ⌘ Upon graduation, students will receive credits from the college.
  - Holocaust Studies Honors - *Kean University*
  - Dynamics of Health Care - *Rutgers University*
  - Medical Terminology Honors - *Rutgers University*
  - Computer Programing Honors - *Seton Hall*
  - Web Design - *Seton Hall*
  - App Design – *Seton Hall*

Each course will cost approximately \$300.

# *New* Dual-Enrollment Courses from *Bergen Community College*

✂ Students will have more opportunities to earn college credits.

- Visual and Performing Arts Department
  - Advanced TV Production
  - Broadcasting Field Production
  - Broadcasting Studio Production
  - Digital Journalism
- World Language Department
  - French IV
  - Spanish IV

Each course will cost approximately \$220.  
(Registration fee is \$15)



# High School Electives

## English & Social Studies

- Advanced TV Production
- Broadcasting I: Studio & Field Production
- Creative Writing
- Current World Affairs
- Digital Journalism
- Economics
- Film and Literature
- Journalism
- Shakespeare Performance
- Sociology
- Intro to Psychology
- Holocaust Studies
- 21<sup>st</sup> Century Media
- U.S. Foreign Policy
- You and the Law

# High School Electives

## The Arts & World Languages

& Art I

& Band

& Ceramics I & II

& Chorus

& Digital Photography I & II

& Dramatics

& Drawing I

& French I, II, III & IV

& Graphic Design &  
Desktop Publishing

& Music Theory

& Painting I & II

& Sculpture

& Spanish I, II, III & IV

& Studio Art

# High School Electives

## Math & Science

- Accounting
- Applications Design (Apps)
- Astronomy
- Computer Programming
- Dynamics of Health Care
- Environmental Science
- Forensics
- Horticulture
- Introduction to Computers
- Medical Terminology
- Personal Finance
- Pre Calculus
- Robotics
- Sports Medicine
- Statistics
- Web Design

# High School Electives Culinary Program

- ‡ Foods & Nutrition (prerequisite for all culinary classes)
- ‡ Baking I
- ‡ Regional Cuisine

# PLAN FOR SUCCESS...



# Junior Year

- ⌘ Go on Naviance to explore college and career interests
- ⌘ Junior Conferences (letter will be mailed home with more details)
- ⌘ Course Elective Selection (week of January 18th)
- ⌘ Standardized Testing for College Admission in Spring
- ⌘ Finish Junior Year Strong Academically
  - ⌘ NOTE: The grades at the end of junior year are the last grades that go into the cumulative GPA that colleges will see when applying

# Planning Your Senior Year

- ⌘ Class placement is based on teacher recommendations
- ⌘ Communicate your academic goals with teachers and guidance counselors
- ⌘ Maintain a rigorous senior year schedule
  - ⌘ Colleges see senior year schedule and can request report cards
  - ⌘ Guidance Office automatically sends mid-year reports (mid-year grades) at the conclusion of semester 1 with a re-calculated GPA

*Outdated school of thought → “have an easy senior year”*

# Planning Your Senior Year

## Academic Requirements

This chart should only serve as a *guide*. The courses that a student takes should be determined by interests, future goals, success in previous courses, and teacher recommendations

Course/Subject	MPHS & NJ Graduation Requirements in Years	<u>Minimum</u> Courses for College Entrance in Years	<u>Recommended</u> Courses for College Entrance in Years
English	4	4	4
Mathematics	3	3	4
Science	3	3	3-4
Social Studies	3	3	3-4
World Language	1	2	3-4
Financial Literacy	1/2	1/2	1/2
Physical Education	4	4	4
Electives	3	3	3



# Junior Conference

- ‡ Graduation Requirements
- ‡ College Planning Guide
  - ‡ Timelines
  - ‡ Student responsibilities
  - ‡ Important websites
  - ‡ Guidance Office formalities and procedures
- ‡ College/Career Goals
- ‡ Naviance
- ‡ College Visits
  - ‡ On campus and admission reps who visit MPHS
- ‡ SAT/ACT Information

# Test Dates 2021-2022

## SAT

Test Date	Registration Deadline
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August 28, 2021	July 30, 2021
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October 5, 2021	September 3, 2021
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November 6, 2021	October 8, 2021
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December 4, 2021	November 4, 2021
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March 12, 2022	February 11, 2022
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May 7, 2022	April 8, 2022
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June 4, 2022	May 5, 2022
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Register on [collegeboard.org](https://collegeboard.org)

Cost: \$55

## ACT

Test Date	Registration Deadline
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September 11, 2021	August 6, 2021
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October 23, 2021	September 17, 2021
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December 11, 2021	November 5, 2021
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February 12, 2022	January 7, 2022
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April 2, 2022	February 25, 2022
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June 11, 2022	May 6, 2022
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July 16, 2022	June 17, 2022
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Register on [act.org](https://act.org)

Cost: \$50

\$85 (w/ essay)

There are projected/anticipated test dates for the 2022-2023 school year online in order to start planning to take the SAT/ACT in the fall of senior year.

# Naviance

- ⌘ Naviance Student is career and college readiness platform that enables students for self-discovery, career exploration, academic planning, and college preparation.
- ⌘ Guidance Counselors use Naviance to track and analyze data about college and career plans
  - ⌘ Contains admissions data for recent MPHS graduating classes
- ⌘ Naviance is vital in the Guidance Office
  - ⌘ It is an important tool for the college application process for both students and Guidance Counselors
- ⌘ The students' supporting documents (letters of recommendation, transcripts, and school profile) are sent through Naviance.
- ⌘ Parent registration codes are available
- ⌘ Announcements are made on Naviance
  - ⌘ College Reps Visits
  - ⌘ Scholarship Information

# Naviance: College Search

The screenshot shows the Naviance website interface. At the top, there is a navigation bar with tabs for Home, Self-Discovery, Careers, Colleges, and Planner. The 'Colleges' tab is currently selected and highlighted in a teal color. Below the navigation bar, the page is organized into four columns of links. The first column, titled 'College Home', is circled in red and includes links for 'Find Your fit', 'SuperMatch College Search', 'College Match', 'College Events', 'Advanced College Search', and 'College Lookup'. The second column, titled 'Research Colleges', includes links for 'Colleges I'm Thinking About', 'College Visits', 'College Compare', 'College Resources', 'Enrichment Programs', and 'College Maps'. The third column, titled 'Apply to College', includes links for 'Colleges I'm Applying to', 'Letters of Recommendation', and 'Test Scores'. The fourth column, titled 'Scholarships & Money', includes links for 'College-Specific Scholarships', 'National Scholarship Search', 'Scholarship Search', and 'Favorite Scholarships'. In the top right corner, there are icons for a shield, a plus sign, and an envelope.

Home	Self-Discovery	Careers	Colleges	Planner
<a href="#">College Home</a>				
<a href="#">Find Your fit</a>				
<a href="#">SuperMatch College Search</a>				
<a href="#">College Match</a>				
<a href="#">College Events</a>				
<a href="#">Advanced College Search</a>				
<a href="#">College Lookup</a>				
	<a href="#">Research Colleges</a>			
	<a href="#">Colleges I'm Thinking About</a>			
	<a href="#">College Visits</a>			
	<a href="#">College Compare</a>			
	<a href="#">College Resources</a>			
	<a href="#">Enrichment Programs</a>			
	<a href="#">College Maps</a>			
		<a href="#">Apply to College</a>		
		<a href="#">Colleges I'm Applying to</a>		
		<a href="#">Letters of Recommendation</a>		
		<a href="#">Test Scores</a>		
			<a href="#">Scholarships &amp; Money</a>	
			<a href="#">College-Specific Scholarships</a>	
			<a href="#">National Scholarship Search</a>	
			<a href="#">Scholarship Search</a>	
			<a href="#">Favorite Scholarships</a>	

# Student Athletes

- ⌘ Prospective student athletes must access the NCAA eligibility center by the end of their junior year.
- ⌘ Students must be *academically* eligible for athletics
  - ⌘ Each division (division I, II, III) has its own standards/criteria
  - ⌘ Guidance counselors send in transcripts to the NCAA
  - ⌘ Students must submit SAT/ACT test scores to the NCAA (even for test optional schools)
- ⌘ For more information visit the NCAA website

<https://web3.ncaa.org/ecwr3/>

# Financial Aid

- ⌘ Helps students and their families pay for college
- ⌘ Covers educational expenses:
  - ⌘ tuition and fees, room and board, books and supplies, and transportation
- ⌘ There are several types of financial aid:
  - ⌘ Grants, scholarships, work study and loans.
- ⌘ Each college has a Financial Aid Office
- ⌘ The Guidance Website has a Financial Aid presentation given in the fall by a representative of HESSA

# FAFSA & CSS Profile

## & FAFSA

- ∅ The Free Application for Federal Student Aid (FAFSA) is the form to get any financial aid from the federal government
- ∅ No fee required

## & CSS Profile

- ∅ An online application to determine eligibility for non-federal financial aid
- ∅ Some (not all) colleges require submission of CSS Profile (must do your own research)
- ∅ Fee required

& Both can be filed as early as October 1<sup>st</sup> of senior year

# Scholarships

- ⌘ Colleges may offer scholarships based on merit and/or need
- ⌘ Corporate Scholarships are listed on Naviance
- ⌘ Local Scholarships are posted in the Daily Bulletin
- ⌘ Announcements/postings are also made on **Class of 2023 Google Classroom**
- ⌘ Due dates for scholarships usually in late winter/spring
- ⌘ Not necessarily just for high achieving academics/merit
  - ⌘ Criteria could be hobbies, activities, potential programs of study (i.e. nursing, business, etc.)



# Important Websites

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<b>MPHS Guidance Website</b>	<a href="http://mphs.mpsnj.org/resources/guidance">http://mphs.mpsnj.org/resources/guidance</a>
Naviance	<a href="http://student.naviance.com/midlandpark">student.naviance.com/midlandpark</a>
Common App	<a href="http://www.commonapp.org">www.commonapp.org</a>
College Board	<a href="http://www.collegeboard.org">www.collegeboard.org</a>
ACT	<a href="http://www.act.org">www.act.org</a>
Fair Test	<a href="http://www.fairtest.org">www.fairtest.org</a>
NCAA	<a href="http://www.ncaa.org">www.ncaa.org</a> <a href="https://web3.ncaa.org/ecwr3/">https://web3.ncaa.org/ecwr3/</a>
FAFSA	<a href="http://www.fafsa.ed.gov">www.fafsa.ed.gov</a>
CSS Profile	<a href="https://cssprofile.collegeboard.org/">https://cssprofile.collegeboard.org/</a>

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# Midland Park High School Social Media and District Website

- Instagram: @midlandparkhs
- Facebook: FB.ME/MPSNJ
- Twitter: @mps\_nj
- District Website: [www.mpsnj.org](http://www.mpsnj.org)